



Asian Fusion

Chat Mingkwan

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Get ready to embark on a culinary odyssey of vegan recipes and learn about the fascinating history of Asian cuisine. Asian chef and cooking instructor Chat Mingkwan is an expert at modifying traditional recipes for use in western kitchens. Here he presents meatless versions of signature dishes from all corners of the Asian continent: Japan, India, Laos, Korea, China, Thailand, Vietnam, Burma, Indonesia, Malaysia, Philippines, Singapore, and Sri Lanka.

His instructions and enthusiasm encourages readers to experiment with both familiar and exotic herbs, spices and seasonings, and skillfully combine them with legumes, vegetables, and rice, noodles or wrappers. Curry lovers can sample a variety of curries from neighboring countries and enjoy both subtle and radical differences. And use of plant-based ingredients to replace fish allows those who are allergic to seafood and shellfish to enjoy this cuisine. These recipes capture the centuries old natural fusion of local ingredients that had been influenced by China, India, and Europe.

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