



The Professional Chef's Art of Garde Manger

Frederic H. Sonnenschmidt, John F. Nicolas

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Professional chefs and culinary students have long relied on this classic culinary text to provide a thoughtful and comprehensive guide to cold and hot food preparation. The exciting Fifth Edition of this unique guide includes:

- * Updates on the role of the garde manger chef to reflect the growing trend toward healthy eating.
- * Lavish color photographs in a 16-page full-color insert.
- * Exciting salads and vegetarian pates and terrines.

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