



# The Anthropology of Sport and Human Movement: A Biocultural Perspective

*Robert R. Sands*

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The evolution of the human species has always been closely tied to the relationship between biology and culture, and the human condition is rooted in this fascinating intersection. Sport, games, and competition serve as a nexus for humanity's innate fixation on movement and social activity, and these activities have served throughout history to encourage the proliferation of human culture for any number of exclusive or inclusive motivations: money, fame, health, spirituality, or social and cultural solidarity.

The study of anthropology, as presented in *Anthropology of Sport and Human Movement*, provides a scope that offers a critical and discerning perspective on the complex calculus involving human biological and cultural variation that produces human movement and performance. Each chapter of this compelling collection resonates with the theme of a tightly woven relationship of biology and culture, of evolutionary implications and contemporary biological and cultural expression.

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