



# Police Kung Fu: The Personal Combat Handbook of the Taiwan National Police

*Man Kam Lo*

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# Police Kung Fu: The Personal Combat Handbook of the Taiwan National Police

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**Police Kung Fu: The Personal Combat Handbook of the Taiwan National Police** Man Kam Lo  
**Master the effective, practical style of Kung Fu practiced by the Taiwanese police with this illustrated martial arts guide.**

*Police Kung Fu: The Personal Combat Handbook of the Taiwan National Police* is a comprehensive approach for the realistic use of traditional kung fu by law enforcement and corrections officers—and ordinary citizens—to maximize personal safety while minimizing the necessary use of force. Lavishly illustrated with photographs of Taiwanese police officers systematically demonstrating tactics that have been used with great effect for several decades in Taiwan, *Police Kung Fu* teaches responses to unarmed attackers and to attacks with guns, knives, and assorted clubs and other weapons, as well as police baton techniques for individual and crowd control.

With a thorough grounding in traditional Wing Chun kung fu, renowned for its direct power and speed, the police training demonstrated in this volume is readily adaptable to a wide variety of controlled-force situations. *Police Kung Fu* is a great resource for every law enforcement professional and those interested in the martial arts and self defense.

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