



## **Storied Dishes: What Our Family Recipes Tell Us About Who We Are and Where We've Been**

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## Storied Dishes: What Our Family Recipes Tell Us About Who We Are and Where We've Been

We are what we eat?not just physiologically, but culturally. This collection of cross-cultural, generational essays, and accompanying recipes shows the profound importance of food dishes within American women's lives.

- Over 40 contributors, including well-known food writers, food historians, scholars, chefs, editors, and other professionals, representing the spectrum of cultural backgrounds and experiences of American women
- Presents original, never before published works
- Showcases personal photos of contributors, stained and tattered recipes, unique foods, and women who originated dishes
- Introduction describes the involving story of the editor's initial inspiration and the scope of book

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#### **Lisa Westra:**

People live in this new time of lifestyle always try to and must have the extra time or they will get large amount of stress from both everyday life and work. So , when we ask do people have time, we will say absolutely sure. People is human not a robot. Then we inquire again, what kind of activity do you have when the spare time coming to you of course your answer will probably unlimited right. Then ever try this one, reading books. It can be your alternative in spending your spare time, the book you have read will be Storied Dishes: What Our Family Recipes Tell Us About Who We Are and Where We've Been.

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#### **William Holmes:**

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