



Beyond Words: Movement Observation and Analysis

Carol-Lynne Moore, Kaoru Yamamoto

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Beyond Words presents a range of illuminating approaches to examining every day social interactions, to help the reader understand human movement in new ways.

Carol-Lynne Moore and Kaoru Yamamoto build on the principles that they expertly explored in the first edition of the book, maintaining a focus on the processes of movement as opposed to discussions of static body language. The authors combine textual discussion with a new set of website-hosted video instructions to ensure that readers develop an in-depth understanding of nonverbal communication, as well as the work of its most influential analyst, Rudolf Laban.

This fully-revised, extensively illustrated second edition includes a new introduction by the authors. It presents a fascinating insight into this vital field of study, and will be an invaluable resource for scholars and practitioners in many activities, from performing and martial arts, athletics, to therapeutic and spiritual practices, conflict resolution, business interactions, and intercultural relations.



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