



Visual Perception and Action in Sport

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Athletes are dependent upon a constant supply of accu	rrate and reliable information from the environmen
whilst performing complex movements.	

Visual Perception and Action in Sport examines the information which is perceived by the human visual system and the way it is utilised to support actions in sport. It focuses attention on the rich diversity of sport-related studies drawn together from a number of theoretical approaches. Divided into three sections, this book covers:

- * indirect theories of perception and action
- * direct theories of perception and action
- * skill acquisition in the sports context.

Each of the sections features learning objectives, summary, and study questions to help facilitate student learning. Throughout the text, the integration of theoretical knowledge and practical expertise is emphasised.

All three authors are specialists have expertise in the teaching and researching of motor learning and control in sport.



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