

The Fire Starter Sessions: A Soulful + Practical Guide to Creating Success on Your Own Terms

Danielle LaPorte

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The Fire Starter Sessions is an apathy-kicking, integrity-infusing guide to defining success on your own terms.

As the creator of DanielleLaPorte.com--deemed "the best place online for kick-ass spirituality," **Danielle LaPorte's** straight-talk life-and-livelihood sermons have been read by over one million people. Bold but empathetic, she **reframes popular self-help and success concepts:**

- : Life balance is a myth, and the pursuit of it is causing us more stress then the craving for balance itself.
- : **Being well-rounded is over-rated.** When you focus on developing your true strengths, you enter your mastery zone.
- : Screw your principles (they might be holding you back).
- : We have ambition backwards. **Getting clear on how you want to** *feel* **in your life + work is more important than setting goals**. It's the most potent form of clarity that you can have, and it's what leads to true fulfillment.



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