



# The Joy of Vegan Baking: The Compassionate Cooks' Traditional Treats and Sinful Sweets

*Colleen Patrick-Goudreau*

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Whether you want to bake dairy- and egg-free for health, ethical, or environmental reasons, *The Joy of Vegan Baking* lets you have your cake and eat it, too! Featuring 150 familiar favorites -- from cakes, cookies, and crepes to pies, puddings, and pastries -- this book will show you just how easy, convenient, and delectable baking without eggs and dairy can be.

A seasoned cooking instructor and self-described "joyful vegan," author Colleen Patrick-Goudreau puts to rest the myth that vegan baking is an inferior alternative to non-vegan baking, putting it in its rightful place as a legitimate contender in the baking arena. More than just a collection of recipes, this informative cookbook is a valuable resource for any baker -- novice or seasoned.

Learn just how easy it is to enjoy your favorite homespun goodies without compromising your health or values:

- Chocolate Chip Scones
- Cranberry Nut Bread
- Lemon Cheesecake
- Dessert Crepes
- Strawberry Pie with Chocolate Chunks
- Cinnamon Coffee Cake
- Chocolate Peanut Butter Cupcakes
- Raspberry Sorbet
- Oatmeal Raisin Cookies
- Soft Pretzels
- Blueberry Cobbler
- Chocolate Almond Brittle

Free of saturated fat, cholesterol, and lactose, but full of flavor, flair, and familiarity, each and every recipe will have you declaring *I can't believe it's vegan!*

Complete with luscious color photos, this book will be an essential reference for every vegan.

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### **From reader reviews:**

#### **Nathaniel Gonzalez:**

Spent a free time and energy to be fun activity to perform! A lot of people spent their spare time with their family, or their own friends. Usually they doing activity like watching television, going to beach, or picnic in the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your own free time/ holiday? May be reading a book is usually option to fill your free time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to try out look for book, may be the publication untitled The Joy of Vegan Baking: The Compassionate Cooks' Traditional Treats and Sinful Sweets can be very good book to read. May be it can be best activity to you.

#### **James Hose:**

The Joy of Vegan Baking: The Compassionate Cooks' Traditional Treats and Sinful Sweets can be one of your basic books that are good idea. Many of us recommend that straight away because this reserve has good vocabulary that could increase your knowledge in vocab, easy to understand, bit entertaining but still delivering the information. The author giving his/her effort to place every word into delight arrangement in writing The Joy of Vegan Baking: The Compassionate Cooks' Traditional Treats and Sinful Sweets however doesn't forget the main position, giving the reader the hottest and also based confirm resource details that maybe you can be one among it. This great information could drawn you into new stage of crucial thinking.

#### **Colleen Greenwood:**

Are you kind of active person, only have 10 or 15 minute in your moment to upgrading your mind talent or thinking skill also analytical thinking? Then you have problem with the book when compared with can satisfy your limited time to read it because this time you only find guide that need more time to be read. The Joy of Vegan Baking: The Compassionate Cooks' Traditional Treats and Sinful Sweets can be your answer since it can be read by you who have those short time problems.

#### **Timothy Montgomery:**

The book untitled The Joy of Vegan Baking: The Compassionate Cooks' Traditional Treats and Sinful Sweets contain a lot of information on the item. The writer explains her idea with easy way. The language is very clear and understandable all the people, so do not necessarily worry, you can easy to read the idea. The book was published by famous author. The author will take you in the new period of literary works. You can read this book because you can keep reading your smart phone, or product, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can wide open their official web-site in addition to order it. Have a nice learn.

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