



The Handbook of Art Therapy

Caroline Case, Tessa Dalley

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The Handbook of Art Therapy has become the standard introductory text into the theory and practice of art therapy in a variety of settings. This comprehensive book concentrates on the work of art therapists: what they do, where they practice, and how and why art and therapy can combine to help the search for health and understanding of underlying problems. In this third edition, new developments in the profession are clearly described, including sections on neuroscience, research, private practice and the impact of technology on the therapeutic setting.

Caroline Case and Tessa Dalley are highly experienced in the teaching, supervision and clinical practice of art therapy. Using first-hand accounts of the experience of art therapy from therapists and patients, they cover such aspects as the influence of psychodynamic thinking, the role of the image in the art process and the setting in which the art therapist works. *The Handbook of Art Therapy* also focuses on art therapists themselves, and their practice, background and training. The book includes an extensive bibliography, encompassing a comprehensive coverage of the current literature on art therapy and related subjects, and contains a glossary of psychoanalytic terms.

Covering basic theory and practice for clinicians and students at all levels of training, this is a key text for art therapists, counsellors, psychotherapists, psychologists and students at all levels, as well as professionals working in other arts therapies.

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