



# Let Yourself be Loved: Transforming Fear Into Hope

*Phillip Bennett*

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## **Let Yourself be Loved: Transforming Fear Into Hope** Phillip Bennett

Let Yourself Be Loved is a book of hope for all who desire love but also fear it. In its pages, readers are likely to recognize feelings within themselves: the part that is longing to be loved; and also fears within themselves: fearing vulnerability, judgment, and loss of control the part that holds back. In this updated volume, with a new foreword, and additional chapters and prayers, readers will discover a joyful and liberating invitation simply to be loved: to recognize the loving presence of God that is always there unconditionally, ready to embrace and enfold them despite their fears and resistance.

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