



## **Mexican Americans and Sports: A Reader on Athletics and Barrio Life**

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For at least a century, across the United States, Mexican American athletes have actively participated in community-based, interscholastic, and professional sports. The people of the ranchos and the barrios have used sport for recreation, leisure, and community bonding.

Until now, though, relatively few historians have focused on the sports participation of Latinos, including the numerically preponderant Mexican Americans. This volume gathers an important collection of such studies, arranged in rough chronological order, spanning the period from the late 1920s through the present.

They survey and analyze sporting experiences and organizations, as well as their impact on communal and individual lives. Contributions spotlight diverse fields of athletic endeavor: baseball, football, soccer, boxing, track, and softball.

Mexican Americans and Sports contributes to the emerging understanding of the value of sport to minority populations in communities throughout the United States. Those interested in sports history will benefit from the book's focus on under-studied Mexican American participation, and those interested in Mexican American history will welcome the insight into this aspect of the group's social history.

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