



# **The Teacher's Reflective Practice Handbook: Becoming an Extended Professional through Capturing Evidence-Informed Practice**

*Paula Zwozdiak-Myers*

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What do we mean by reflective practice?

What does it involve?

How can it help you develop as a teacher?

*The Teacher's Reflective Practice Handbook* is an essential source of advice, guidance and ideas for both student and practising teachers. Helping you to translate pedagogical knowledge into practice, this *Handbook* guides you through studying your own teaching for personal development, evaluating your lessons through classroom research, and enhancing the quality of pupil learning. It offers an innovative framework which serves to prepare you for the challenges and complexities of the classroom environment, and supports the continuing improvement of your teaching.

Underpinned by key theoretical concepts and contemporary research within the field of education, chapters help you to:

- systematically evaluate your teaching through classroom research procedures
- question personal theories and beliefs, and consider alternative perspectives and possibilities
- try out new strategies and ideas to maximise the learning potential of all students

- enhance the quality of, and continue to improve, your teaching.

Including a range of reflective tasks, links to online resources, exemplification material and further reading to help you develop your own thinking, *The Teacher's Reflective Practice Handbook* is an accessible guide which supports the facilitation of reflective practice through self and peer assessment, problem-based learning and personal development planning. The multi-dimensional framework enables you to build a meaningful, personally relevant portfolio of evidence-informed practice.

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