



Cellulite Myth: The Shocking Truth About Cellulite (DeliveredOnline Guides)

Russell Eaton

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The Cellulite Myth goes straight to the point and explains the truth behind the myth. It is widely believed that cellulite under the skin (on the legs, buttocks or stomach) can be prevented or 'cured'. And that cellulite, if not treated, can become unhealthy. The reality is different.

The truth is that cellulite cannot be completely banished, but the appearance may be improved and you can certainly stop your cellulite from getting any worse. And rest assured that if cellulite is not 'treated' it does not become unhealthy.

This long-overdue book will bring relief to all women as it exposes the snake-oil peddlers who offer useless and over-priced remedies that only serve to give you grief and waste your time & money.

In this book you will discover the surprising truth about cellulite, based on the latest scientific research. Why is it that cellulite only affects women? Why is it that some women have cellulite and some don't? Why is cellulite so common in women and what can you do about it? The Cellulite Myth answers all these questions and more, saving you a lot of heartache and time chasing fruitless remedies.

Did you know that you cannot reduce/avoid cellulite by doing more exercise? That collagen supplements have no effect on cellulite? That no amount of massage, kneading or skin brushing will affect cellulite? That women of all shapes and weights have cellulite?

This book does not give you any re-hashed half-baked out-of-date information about cellulite. It's the only book on cellulite that tells it like it is, based on the very latest research. Discover at last the true nature of cellulite and what you can do about it. Save money by not buying useless pills & potions, and find out at last what really works.

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