



Calcium and Magnesium in Groundwater: Occurrence and Significance for Human Health (IAH - Selected Papers on Hydrogeology)

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Calcium and magnesium are abundant in groundwater, but the role of groundwater as the essential source of these important nutrients is very often neglected. Hydrogeochemical studies have focused mainly on the distribution and behaviour of constituents that cause deterioration of water quality, such as: nitrate, nitrite or iron and manganese. Therefore, most recent books and papers concentrate mainly on these constituents and only a small number of papers describe the results of groundwater studies on other important water components such as calcium or magnesium. Calcium and magnesium are of great importance to human wellbeing and inadequate intake of either nutrient can impair health. The main objective of this book is to present a selection of studies on calcium and magnesium in groundwater and to highlight their importance for human health.

The chapters in this book are written by hydrogeologists and hydrochemists as well as medical doctors and include: methods of investigation of calcium and magnesium in groundwaters, distribution and behaviour of calcium and magnesium in different aquifers, calcium and magnesium in bottled mineral and spring waters, and the significance of calcium and magnesium in waters for human health.

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