



Strong Women, Soft Hearts: A Woman's Guide to Cultivating a Wise Heart and a Passionate Life

Paula Rinehart

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Recently updated with an expanded study guide, *Strong Women, Soft Hearts* has quickly become an important study for women of all ages. Through inspiring real-life testimonies, Paula Rinehart writes as both a kindred spirit and a compassionate counselor to women feeling robbed of their passions and trapped by life's disappointing realities. Women who long to be released from the burden of hard choices and perpetually empty souls will be empowered to rediscover dreams long lost and refocus energy misguided. *Strong Women, Soft Hearts* cries out for women to embrace passion and approach life as something to be lived, not merely survived.

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