



# Authentic Chinese Cuisine: For the Contemporary Kitchen

*Bryanna Clark Grogan*

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**Authentic Chinese Cuisine: For the Contemporary Kitchen** Bryanna Clark Grogan

This book stands out among the many Chinese vegetarian cookbooks available with its many innovative recipes for vegetarian "mock meat" dishes, just like those you'd enjoy in Buddhist restaurants. These recipes are as authentic as possible, without calling for extremely exotic ingredients that may be very hard for anyone outside of a large city to find.

Best-selling cookbook author Bryanna Clark Grogan, well known for her in-depth exploration of global cuisine, generously shares her knowledge of Chinese ingredients and cooking techniques, helping to enrich your experiences with her superbly crafted recipes. Chinese vegetarian cuisine can provide variation and culinary delight along with nutritional excellence.

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