



Couples and Family Therapy in Clinical Practice

Ira D. Glick, Douglas S. Rait, Alison M. Heru, Michael Ascher

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- Fifth edition of a classic text that views couples and family therapy through a psychiatric lens
- Written by clinicians with a biopsychosocial perspective on illness and family dysfunction
- Draws on case studies to present family-oriented interventions in an accessible manner
- Explores underlying principles along with a wide range of practical therapeutic techniques
- Culturally inclusive, enabling readers to work with patients from diverse backgrounds



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