



Avaliação Nutricional: do diagnóstico à prescrição (Portuguese Edition)

Adriana Lopes Peixoto

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A avaliação nutricional é a primeira etapa do processo de assistência nutricional sendo esta considerada um processo ordenado e dinâmico, cujo propósito é alcançar informações adequadas, capazes auxiliar no diagnóstico de problemas ligados à nutrição.

Sendo assim, o objetivo deste e-book é destacar a importância de cada etapa da avaliação nutricional no estabelecimento da terapêutica mais adequada ao estado nutricional do paciente, além de listar e sugerir métodos e parâmetros para a avaliação nutricional, acrescentando informações que possam contribuir para identificação e redução de possíveis complicações passíveis de se desenvolver em durante o período de acompanhamento nutricional.

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