



Mindfulness in the Marketplace: Compassionate Responses to Consumerism

Allan Hunt Badiner

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Mindfulness in the Marketplace suggests a reorientation of consumers from passive purchasers to aware, responsible citizens who see the dynamic connection between their purchases and their values. The Middle Path of Buddhism is not to avoid all consumption, but to consume mindfully in a manner that protects ourselves and all living systems. This anthology outlines a path of compassionate resistance to global corporatization, and offers a view of getting into right relationship with the Earth. Includes the Dalai Lama, Thich Nhat Hanh, Stephen Batchelor, and Joanna Macy.

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