

# **Enough is Enough!: Stop Enduring and Start Living Your Extraordinary Life**

Jane Straus

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### **Enough is Enough!: Stop Enduring and Start Living Your Extraordinary Life**

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Enough is Enough!: Stop Enduring and Start Living Your Extraordinary Life Jane Straus Break free of fear and let your inner truth inspire you to thrive and get the life you really want

What keeps us enduring an unsatisfying life? How can we break free of our fear-based patterns to live an inspiring and unique life that is aligned with our deepest personal truth? Written by the highly successful seminar leader and life coach Jane Straus, Enough Is Enough delves into the spiritual, emotional, and intellectual aspects of an extraordinary life. Using a practical approach that includes a wealth of exercises, Straus helps readers break free of fear and learn to lead a life of integrity that is filled with joy.

Jane Straus (Mill Valley, CA) is a seminar leader, coach, motivational speaker, and the founder and CEO of two companies, one for business seminars and one for intensive personal growth workshops.



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Spent a free time for you to be fun activity to do! A lot of people spent their free time with their family, or their own friends. Usually they accomplishing activity like watching television, gonna beach, or picnic within the park. They actually doing same task every week. Do you feel it? Will you something different to fill your current free time/ holiday? May be reading a book might be option to fill your no cost time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to try out look for book, may be the guide untitled Enough is Enough!: Stop Enduring and Start Living Your Extraordinary Life can be great book to read. May be it could be best activity to you.

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