



Burlesque, Yoga, Sex and Love: A Memoir of Life under the Albuquerque Sun

Anne Key

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In *Burlesque, Yoga, Sex and Love*, award-winning author Anne Key invites us to walk along the glittery, rhinestone-encrusted path of self-discovery as she confronts, and transcends, the established norms for middle-aged women. Set in picturesque Albuquerque, New Mexico, this memoir explores what it means to connect the body, mind and spirit through the practices of yoga and burlesque. By the end of the book, you will find yourself traveling outside the shadowy corners of fear and toward a brighter light where there is freedom to be found in accepting yourself and in learning to love what you find.

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