



The Shambhala Principle: Discovering Humanity's Hidden Treasure

Sakyong Mipham

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One of Tibet's highest and most respected lamas elucidates for us the principles of Shambhala, or the path to happiness, set down by his legendary father, Chögyam Trungpa Rinpoche.

Dear Reader,

We humans have come to a crossroads in our history: we can either destroy the world or create a good future. *The Shambhala Principle* offers the principle of basic goodness as a way of addressing the personal and social challenges that we face. Do we, as humans, have confidence in the basic goodness of humanity, as well as of society itself? As a Tibetan lama and spiritual leader, this strikes me as our most compelling global issue.

The book revolves around a dialogue with my father, the legendary Chögyam Trungpa. Whether his responses were direct or mystical, he continuously returned to the topics of basic goodness and enlightened society. Not only did he show me how I could become confident in their existence through awareness and meditation, he also taught me how basic goodness is a socially viable standard that could stabilize and transform our world.

However, this book is not a memoir, or even a message. It is an invitation to readers to reflect on their own basic goodness and the basic goodness of society, and then contemplate the question, Can we rouse our energy and confidence to create a good world that is founded on this principle?

I encourage you to join me in this contemplation.

—Sakyong Mipham

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A lot of people always spent their particular free time to vacation or even go to the outside with them family or their friend. Do you realize? Many a lot of people spent many people free time just watching TV, or perhaps playing video games all day long. If you want to try to find a new activity this is look different you can read the book. It is really fun for you personally. If you enjoy the book that you read you can spent all day every day to reading a guide. The book The Shambhala Principle: Discovering Humanity's Hidden Treasure it is quite good to read. There are a lot of individuals who recommended this book. These were enjoying reading this book. If you did not have enough space bringing this book you can buy typically the e-book. You can m0ore simply to read this book through your smart phone. The price is not very costly but this book provides high quality.

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John Rivera:

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